

SENIOR CENTER



Carlsbad Senior Center • 799 Pine Avenue • 602-4650

Senior Commission

The Carlsbad Senior Commission, a City Council appointed advisory board, meets at the Center the first Thursday of each month at 3 pm. The Commission offers input to the City Council on any issues pertaining to older adults. The public is welcome.

Your 50th Wedding Anniversary

... can be acknowledged by a Proclamation from the City of Carlsbad and presented by a City Official. Call 602-4650 for more information.

Making Connections

You Are Invited to Lunch!

What tastes better and costs less than any fast food restaurant? It is the privately catered lunches at the Carlsbad Senior Center! Delicious, nutritious meals are served Monday through Friday. Just call 602-4655 by 8 am the day you wish to dine ... and you must be 60 years young. Your reservation is held until 11:45 am, with lunch served promptly at noon. A suggested donation of \$3 assists in supporting this popular program. Home meal delivery is available for homebound Carlsbad seniors. Call 602-4652 for additional information. Transportation is available for Carlsbad residents; call 602-4650 for details.

Volunteer Opportunities

Looking for a way to help others and perhaps yourself? Consider one of several positions available in our dining/nutrition program. We are looking for responsible persons to assist with the service of meals, in the dining room or kitchen, as well as drivers for home meal deliveries. We will keep you busy for about two hours and you will be providing a valuable service to the community! Call 602-4650.

SENIOR SERVICES



Ongoing Activities

Arts & Crafts

Calligraphy: Learn this skill from one of the most talented instructors in our area. Wednesday from 1:00-3:00 pm. Fee and registration required.

Crafti-Crafters: Fridays 8:30-11:00 am.

Needlecraft: Tuesdays 8:00-11:00 am. Learn and share new knitting and sewing techniques while socializing with this cheerful group of people.

Watercolor Class: Join this popular class on Thursdays from 9:30-11:30 am. Bring your own supplies and be ready to create!

Dance & Exercise

Beginning Country Line Dancing: Learn the skill of Country Line Dancing while getting great exercise. No partners are necessary. Mondays from 12:30-1:30 pm. A \$1 donation is requested.

Country Line Dancing: Enjoy great exercise while dancing the latest Country Western Line Dances. No partners are necessary. Every Tuesday from 9:30-11:00 am. A \$1 donation is requested.

Hawaiian Dance: Enjoy this graceful exercise set to beautiful music. A \$3 donation is requested. Newcomers are welcome.

Beginning / Intermediate classes held on Wednesdays, 2:45-4:00 pm.

Intermediate / Advanced classes held on Fridays from 12:45-2:45 pm.

International Folk Dancing: Learn easy steps to music from many countries. No partners are necessary and beginners are welcome! Mondays from 1:00-2:30 pm.

Jazz and Tap Dancing: Experience the excitement of both jazz and tap dancing in this weekly session. Beginning to advanced dancers are welcome! Fridays 3:00-4:15 pm.

Low-Impact Aerobics: Join Senior Olympic Gold Medal Winner, Carl Grubbs, as he helps you develop flexibility and strength. Meets every Thursday from 8:30-9:30 am. A \$1.50 donation is requested.

Walking Group: Looking for a way to increase your fitness level while having fun? Meet at the Senior Center front lobby, Tuesdays and Thursdays at 9:00 am.

Yoga: Now three levels of this less strenuous form of Yoga! A \$3 donation is requested.

Level: Beginning / Gentle, Mondays 3:00-4:30 pm, Dance Studio

Level II: Intermediate, Mondays 3:00-4:30 pm, Auditorium

Level III: Advanced, Wednesdays 12:30-1:30 pm, Dance Studio

Computers

Computer Classes: For the absolute beginner to the experienced PC users, these classes are taught by veteran computer professionals. Times vary. Fee and registration are required.

Personal Computer Lab: Drop in and use one of the Center's computers. A volunteer will answer any questions you might have. Mondays from 1:00-3:00 pm. Wednesday and Fridays from 10:00 am-12:00 pm. Free.

PC Users Group: Beginners and experts are welcome. Meets on the 2nd, 3rd and 4th Thursdays from 2:00-4:00 pm. No reservations are needed. Free.

Games & Hobbies

Bingo: Play for cash prizes as well as door prizes. Tuesdays from 1:00-4:00 pm (doors open at 12:30 pm). Sponsored by the Carlsbad Senior Citizens Association.

Bridge Groups: Meet new friends and hone your skills.

Contract Bridge: Wednesdays, 8:30-11:30 am. Not Duplicate – need not bring a partner. Intermediate to expert players. Any qualified person may participate.

Party Bridge: Fridays, 12:30-4:00 pm. Seating is limited (first come, first served). There is a fee of 50¢ per game.

Chess: All players are welcome. Tuesdays 12:30-4:30 pm.

Mah Jongg: Play this fun Chinese tile game with 4 players at each table. Tuesdays and Wednesdays 8:30 am-12:00 pm.

Scrabble: Improve your vocabulary and have fun with other players on Fridays 1:00-4:00 pm.

Stamps for Seniors: Learn the exciting hobby of stamp collecting where you explore the many countries that issue stamps and where the collections are shared. The 2nd and 4th Fridays of the month from 9:00-11:00 am.

Language Arts

Discussion Group: Enjoy moderated discussions covering a variety of topics. Meets the 1st, 3rd and 5th Fridays of each month, 9:00-11:00 am.

Spanish: Three levels of Spanish are offered:

Level I is for newcomers and beginners and will emphasize pronunciation, diction and grammar. Mondays 9:00-10:00 am.

Level II is to expand your knowledge of Spanish and will cover more advanced grammar and sentence structure. Mondays, 10:00-11:00 am.

Level III is for the more advanced student and will feature reading and conversation and, of course, a lot of fun. Mondays, 11:00 am-12 noon.

Writing Group: Enjoy writing short stories, family history, fiction or non-fiction? Come share your work with others who are exploring their own unique way of expressing themselves. Mondays 9:00-11:00 am.

Assistance Programs

AARP: Emphasizes how to adjust your driving in response to aging. Offered monthly for \$10. Call 602-4650 for reservations.

Blood Pressure Screening: Offered every Tuesday of each month, 8:30-11:00 am. FREE! No appointments necessary.

Cholesterol Screening*: Offered every Tuesday of each month, 8:30-11:00 am. A \$3 donation is requested. No appointments necessary.

Glucose Screening*: Offered every Tuesday of each month, 8:30-11:00 am for a \$1 fee. Additional periodic screenings include a hearing test. Watch your local newspaper, or call 602-4650 for an appointment.

**Note: Cholesterol and Glucose testing requires fasting starting at midnight on the night before the test.*

H.I.C.A.P.: The Health Insurance Counseling and Advocacy Program can help you with Medicare, supplemental insurance, medical billings, claims and more. Call 602-4650 for appointment information.

Legal Services: Legal assistance and advice are available on a regular basis. Call 602-4650 for appointment information.

Miscellaneous Activities

Congregate Lunch: Offered Monday-Friday from 11:45 am-12:30. Transportation is provided for Carlsbad residents 60 years of age and older. A \$3 donation is appreciated. Call 602-4650 if interested.

Monthly Movies: Movie and FREE POPCORN on the 2nd Thursday of each month at 1:00 pm.

SENIOR CLASSES

Classes

Calligraphy-Brush Copperplate

Beginning and continuing calligraphy students will learn the copperplate script using pointed brush markers and pointed brushes instead of pointed pens. The copperplate letter forms will be studied. Attention will be given to color and variations. This is a fun and easy way to use script lettering for your cards and scrapbooks. A supply list will be available on your receipt at the time of registration. Other related handouts are included in the class fee.

Senior Center: Arts Studio

Instructor: Joan Campbell

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	FEES
29014	1:00-3:00pm	W	Jun 7-Jul 12	6c	\$39/\$44

Computer Classes

The Carlsbad Senior Center is very fortunate to have two outstanding professional computer class instructors teaching a full range of classes.

Instructor Alan Hopkins has developed an exciting series of 10 classes.

There is a series of three classes designed to build your knowledge of the personal computer:

- System Hardware and Media
- The Windows Operating System
- File Management

Also offered is a series of four classes to help you to master the fundamentals of word processing:

- An Introduction
- Editing and Formatting Documents
- Creating Envelopes and Labels
- Working with Graphics

In addition, there are three special purpose classes:

- Email/Attachments/Address Book/Folders
- Introduction to Digital Photography
- Traveling on the Internet

Instructor Harriet Marois has addressed the needs of the absolute beginner with her fantastic classes:

- Computer Literacy for the Beginner
- Internet Basics: Browse, Search and Protect
- Optimal Use of the Internet: Techniques & Strategies
- Computer Keyboarding: Touch Typing

Take one, two, or as many classes as you need to develop a thorough working knowledge of your own personal computer. In each of these stand-alone classes, you will receive both classroom instruction and actual hands-on experience. A complete set of detailed class outlines is available for your review at the front desk of the Senior Center. Stop by and choose the class (or classes) that's right for you.

System Hardware and Media

Are you getting ready to buy a new computer system or do you just want to become more familiar with your current computer hardware? Then this class is for you. Here you will be given the chance to take an inside look at the inner workings of a computer. You will learn to identify the individual components of the system, discover how they interrelate with one another, and develop a better understanding of their specifications. You will also learn about the various media that you will be using with your computer system, such as floppy discs, CD's, DVD's, etc. This is a 4 hour, 2 session class. Please contact the Senior Center at 602-4650 or stop by for verification or questions.

Senior Center: Computer Room

Instructor: Alan Hopkins

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
28996	9:30-11:30am	Tu	Jul 11-18	2c	\$25/\$30

The Windows Operating System

The Windows Operating System controls the functions of your personal computer. In this class, you will learn how to properly start and shut down your computer system. You will discover how to deal with the basic functions of Windows, like sizing, moving, cascading, tiling, minimizing, maximizing, and closing a window. In addition, you will learn how to change mouse and keyboard settings, set up your desktop, and select a screen saver. You will also explore the various accessory programs that are supplied with Windows. This is a 4 hour, 2 session class. Please contact the Senior Center at 602-4650 or stop by for verifications or questions.

Senior Center: Computer Room

Instructor: Alan Hopkins

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
28998	9:30-11:30am	Tu	Jul 25-Aug 1	2c	\$25/\$30

File Management

If you only take one class in this series, this is the class for you. It doesn't matter whether you're creating Word files or storing your digital pictures, this is the class that will teach you how to organize your computer files and images. You will learn how to create folders for the files that you create, move or copy files and folders on the Desktop, move or copy files and folders using Windows Explorer, and move or copy files and folders from one drive to another. You will also learn how to create folders when saving from an application program, such as Microsoft Word. This is an invaluable 4 hour, 2 session class. Please contact the Senior Center at 602-4650 or stop by for verification or questions.

Senior Center: Computer Room

Instructor: Alan Hopkins

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29000	9:30-11:30am	Tu	Aug 8-15	2c	\$25/\$30

An Introduction to Word

This class begins your word processing learning experience. Here you will sample a variety of documents that can be produced using Microsoft Word 2000, such as letters, envelopes, labels, flyers, and newsletters. You will explore the many features of the Word screen, including the Menu bar, various Toolbars, Status

bar and Task bar. Before you're through, you will have created, edited, saved, and printed your first document. This is a 4 hour, 2 session class. Please contact the Senior Center at 602-4650 or stop by for verification or questions.

Senior Center: Computer Room

Instructor: Alan Hopkins **Age: 55Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29002	1:00-3:00pm	Tu	Jul 11-18	2c	\$25/\$30

Editing and Formatting Documents

In this class you will learn the many ways to edit and format your documents. This is where you will learn to copy and paste, change fonts, check for spelling and grammar, change the appearance of the text, add bullets or numbers, insert page breaks, add page numbers, set margins, and much more. This is a 6 hour, 3 session class. Please contact the Senior Center at 602-4650 or stop by for verification or questions.

Senior Center: Computer Room

Instructor: Alan Hopkins **Age: 55Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29004	1:00-3:00pm	Tu	Jul 25-Aug 8	3c	\$35/\$40

Creating Envelopes and Labels

In this class you will learn to create and print envelopes and labels of various types and sizes. This is a 4 hour, 2 session class. Please contact the Senior Center at 602-4650 or stop by for verification or questions.

Senior Center: Computer Room

Instructor: Alan Hopkins **Age: 55Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29006	1:00-3:00pm	Tu	Aug 15-22	2c	\$25/\$30

Working with Graphics

This is where you can get creative with your Word documents. Here you will explore the many uses of the Drawing toolbar to create lines, arrows and shapes; add color and WordArt; and insert clip art and pictures into your documents. We'll teach you how to use these tools, all you need to do is apply your creative imagination. This is a 4 hour, 2 session class. Please contact the Senior Center at 602-4650 or stop by for verification or questions.

Senior Center: Computer Room

Instructor: Alan Hopkins **Age: 55Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29008	1:00-3:00pm	Tu	Aug 29-Sep 5	2c	\$25/\$30

Email/Attachments/Address Book/Folders

In this class you will learn to compose and send e-mail; insert pictures, sounds, and web site links; add attachments; create and manage an address book; and make folders for filing your e-mail messages. Through the use of classroom instruction and actual hands-on experience, you will soon be sending and receiving e-mail with the best of them. You will also master the technique of downloading and finding attachments. Never again will you have to wonder, where did that downloaded attachment end up? This is a 6 hour, 3 session class. Please contact the Senior Center at 602-4650 or stop by for verification or questions.

Senior Center: Computer Room

Instructor: Alan Hopkins **Age: 55Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29010	9:30-11:30am	Tu	Aug 22-Sep 5	3c	\$35/\$40

Introduction to Digital Photography

Been thinking of buying a new digital camera or upgrading the one you already own? Then this class is for you. Here you will learn about the many things that should be considered when choosing a new digital camera, like price, resolution, optical versus digital zoom, features, as well as essential and other extras. You will also receive an overview of what to do once your pictures are in your camera; like how to download them to your computer; organize, rename and file them; and a bit about retouching. This is a 6 hour, 3 session class. Please contact the Senior Center at 602-4650 or stop by for verification or questions.

Senior Center: Computer Room

Instructor: Alan Hopkins **Age: 55Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29012	9:30-11:30am	Tu	Jun 13-27	3c	\$35/\$40

Traveling on the Internet

Planning a trip? Do you use the Internet to make your travel arrangements? If not, then this class is for you. Here you will learn to make airline reservations; reserve a rental car; make shuttle or parking arrangements; research hotel, motel and bed and breakfast accommodations and rates; print out maps and directions; and check the weather at your destination. This is a 6 hour, 3 session class. Please contact the Senior Center at 602-4650 or stop by for verification or questions.

Senior Center: Computer Room

Instructor: Alan Hopkins **Age: 55Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29013	1:00-3:00pm	Tu	Jun 13-27	3c	\$35/\$40

Computer Literacy for the Beginner

This class demystifies basic computer concepts including hardware, software and Windows. You will learn basic use of the computer from turning it on, to shutting it down. You will learn how to gain control of the mouse, keyboard and display. You will learn about working with Windows, the desktop, and programs to open, create, save and print documents. You will discover over 60 different uses for a computer! Please contact the Senior Center at 602-4650 or stop by for verification or questions.

Senior Center: Computer Room

Instructor: Harriet Marois **Age: 55Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29747	9:30-11:30am	M	Jun 5-26	4c	\$45/\$50
29748	9:30-11:30am	M	Jul 3-24	4c	\$45/\$50

Internet Basics: Browse, Search and Protect

Avoid getting lost in cyberspace! Hop onto the World Wide Web! In this class, you will learn how to access the Internet; browse and search the world wide web; find, save, and print images and information; and protect your privacy and security. Privacy and security issues are highlighted including cookies, bugs, viruses, spyware, adware and firewalls. This class is the first in a progressive series of two classes. Please contact the Senior Center at 602-4650 or stop by for verification or questions. Prerequisite: Basic computer skills or Computer Literacy class.

Senior Center: Computer Room

Instructor: Harriet Marois

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29749	9:30-11:30am	Th	Jun 8-22	3c	\$35/\$40

Optimal Use of the Internet: Techniques and Strategies

Techniques & Strategies. Optimize your use of the Internet! Learn what to do and what not to do. Discover the best search techniques and strategies to find just about anything in the world ... efficiently and quickly. Find, save and print images and information. Class will include tips and techniques for comparison shopping, finding valid medical and other information, travel and protecting your privacy and security. Please contact the Senior Center at 602-4650 or stop by for verification or questions. Prerequisite: Basic experience with the Internet or Internet Basics class.

Senior Center: Computer Room

Instructor: Harriet Marois

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29750	9:30-11:30am	Th	Jul 6-20	3c	\$35/\$40

Computer Keyboarding: Touch Typing

One of the most important single 'computer' skills you can learn is old-fashioned touch-typing. Otherwise known as keyboarding. Anyone can hunt and peck with two fingers, but real keyboarding skill permits you to focus on the computer and the display, without looking at your fingers or the keyboard. Everything you do on the computer is easier, faster and more fun. Whether you are a total beginner or want to improve existing skills, this class is for you!

Senior Center: Computer Room

Instructor: Harriet Marois

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29751	3:00-4:45pm	W	Jun 7-14	2c	\$28/\$33
29752	3:00-4:45pm	W	Jul 5-12	2c	\$28/\$33

SENIOR SAFARI EXCURSIONS

Please call the Carlsbad Senior Center at 602-4650 to set up your Family ID and PIN number if you would like to register on-line.

Note: All Senior Safari excursions require a certain amount of walking.

It's a Jungle Out There

A great chance to see some fabulous creatures that are not common in every zoo or animal park. We will start at the Gibbon Conservation Center, which is the only one in the world devoted exclusively to the Gibbon. These small apes, native to the rain forests of Southeast Asia, are known for speeds of up to 35 mph and are considered to be among the worlds greatest acrobats. Our stop for lunch will be the Elephant Bar Restaurant which will give us the 'tasty' part of our safari. Then we head for Rosamond and a visit to the Exotic Feline Breeding Compound. Again this unique attraction is among the leaders in breeding research dedicated to rare and endangered felines.

Senior Center: Parking Lot

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29162	7:00am-6:30pm	Th	Jun 8	1c	\$70/\$75

Little Italy Tour

This is a fully guided tour of the Little Italy area of San Diego. It includes stops and browsing at the neighborhood church, memorial fountain and bakeries, etc. Also a family style luncheon is a part of this trip with antipasto platters, mixed greens, Italian vegetables, cheeses and salami and on and on.

Senior Center: Parking Lot

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29163	10:00am-4:00pm	W	Jun 14	1c	\$68/\$73

The King and I

Deluxe motor coach transportation into Glendale with lunch at the Tam O'Shanter Inn, with a choice of entree, dessert and beverage. We will then drive over to the Glendale Center Theater for the afternoon matinee performance of 'The King and I'. Please join us for this wonderful day of fine food and marvelous entertainment.

Senior Center: Parking Lot

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29164	10:00am-7:30pm	Sa	Jun 24	1c	\$78/\$83

4th of July Spectacular

Once again we will celebrate the 4th with a wonderful dinner at Anthony's followed by a harbor cruise on San Diego Bay for the ultimate in viewing all of the fireworks the city has to offer. Bring your camera and your smiles to make this a truly memorable and spectacular 4th of July celebration once again.

Senior Center: Parking Lot

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29259	4:30-10:30pm	Tu	Jul 4	1c	\$68/\$73

Cinderella

The Candlelight Pavilion again will host our group to a wonderful sit-down lunch at reserved tables and each guest will have a choice of entree. As we finish our meal, we will enjoy a first class performance of 'Cinderella'. The day should be magical.

Senior Center: Parking Lot

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29260	9:30am-5:30pm	Th	Jul 13	1c	\$78/\$83

Summer Splash

Our trip will begin with a stop in Newport Beach at a real favorite, 'Roger's Garden Center'. So much to see here, including hanging baskets, the Patio Shop and the Gallery, which features a unique collection of antiques, art work and hundreds of gift and decorating ideas. Then it's off to the Harborside Restaurant, where they will have a special menu for us. Harborside is located at the Balboa Pavilion. After lunch we will board a boat for a relaxing, narrated harbor cruise as we see everything from homes and yachts of the rich and famous, to the wonderful, playful sea lions. Once back at dockside, you will have some time at your leisure to explore the Balboa Pavilion and Fun Zone or have time to take the ferry over to Balboa Island to explore the quaint village area

Senior Center: Parking Lot

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29261	9:00am-4:30pm	M	Jul 24	1c	\$58/\$63

Pageant of the Masters

It is the time of year for the Laguna Arts Festival to present the one of a kind production, 'Pageant of the Masters'; 'A Passion for Art'. Once we arrive at the Festival grounds, you will have plenty of time for viewing the exhibits, attending the Sawdust Festival and having dinner on your own. There are many restaurants/cafes downtown, as well as on the Festival grounds, or you may bring your own dinner. (Please remember it must be enjoyed before show time and all food/beverages must be in disposable containers.) A free shuttle provides transportation the three short blocks to the downtown area and also transportation back to the Festival grounds in time for the show's 8:30pm curtain.

Senior Center: Parking Lot

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29262	4:30pm-12:00am	Tu	Aug 1	1c	\$72/\$77

Jewels of La Jolla

The name La Jolla means 'jewels', and that is exactly what we are going to enjoy today. We will take a leisurely drive along the coast and stop at our first 'jewel', the La Jolla Beach and Tennis Club Marine Room, for a wonderful three course luncheon. Our next 'jewel' is the Birch Aquarium at Scripps, a \$14 million facility that exhibits over 200 species of Pacific marine life. Be sure not to miss the 13,000 gallon shark tank. Once we complete our aquarium experience, we will head to our final 'jewel', downtown La Jolla for some free time on your own.

Senior Center: Parking Lot

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29263	11:00am-5:00pm	M	Aug 14	1c	\$73/\$78

Las Vegas

Las Vegas Around the World, 'Their Way'. It's time for our annual Labor Day excursion to Las Vegas. Our host hotel will again be the Golden Nugget downtown, with two nights accommodation, one breakfast buffet coupon and a welcome cocktail for everyone. We will also visit the Aladdin, the Rio, the Bellagio and the Paris Hotels and Casinos. We will have our own driver and bus for these extra casino trips and they are included, but need at least 20 people to participate. A schedule of times and meeting places will be provided. Please join us as we see even more of Las Vegas, 'their way'. Trip fee is for double occupancy. If you need a single room, please register as a double to save your space and then contact the Senior Center at 602-4650 to request a single room. There is an additional charge of \$55 for single occupancy.

Senior Center: Parking Lot

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29264	8:00am-6:00pm	M-W	Sep 4-6	3c	\$155./\$160

Padres Baseball

'Play Ball!' It is that time of year for America's favorite pastime. Now we are no different as we take in our annual fall Padres game. This year the Arizona Diamondbacks will be the opponent for our Padres, and they always bring a lot of excitement to the game. Your transportation and reserved seating is included in the price; lunch is on your own. All of the seats are in the Right Lower Field Reserved, Section 135. These seats are in the shade, which makes the game even more enjoyable.

Senior Center: Parking Lot

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29267	11:00am-5:00pm	Tu	Sep 19	1c	\$28/\$33

Remembering Redlands

Take a peek into the past as we 'Remember Redlands'! A local historian will join our group for the day as we learn about the formation of the area we know today. A visit/tour of the Kimberly Crest Home and gardens and the Lincoln Memorial Shrine is also included. We will see the orange groves, terraced gardens and peaceful ponds, then a stop for lunch midday at Joe Greensleeve's in historic downtown Redlands. The day will be topped off with a visit to one of the local citrus ranches where you'll have a chance to purchase some fresh produce at fresh-from-the-farm prices.

Senior Center: Parking Lot

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29265	8:00am-5:30pm	Th	Sep 21	1c	\$63/\$68

Runaway to Rodeo

A visit to the Fashion District, the hub of the Southern California apparel industry, and is where we find Santee Alley – specializing in bargains in a bazaar like open air market place. The Grove is right along side and ready for us to explore. Now, time to relax with lunch at Wood Ranch BBQ; after lunch we will board a vintage trolley as we are whisked away on a narrated tour of Beverly Hills' most famous addresses. Wait! That's not all! Our last stop will be rubbing elbows with the rich and famous as we spend the last part of our day on 'Rodeo Drive'.

Senior Center: Parking Lot

Age: 55Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
29266	8:00am-6:00pm	Th	Sep 28	1c	\$75/\$80